

# Plainedge Public Schools 2026-2027 Budget Presentation

Health, Physical Education and Athletics  
&  
Fitness Center

**Presentation to the Board of Education**

---

Brian Sacks

Director of Health, Physical Education and Athletics  
March 10, 2026



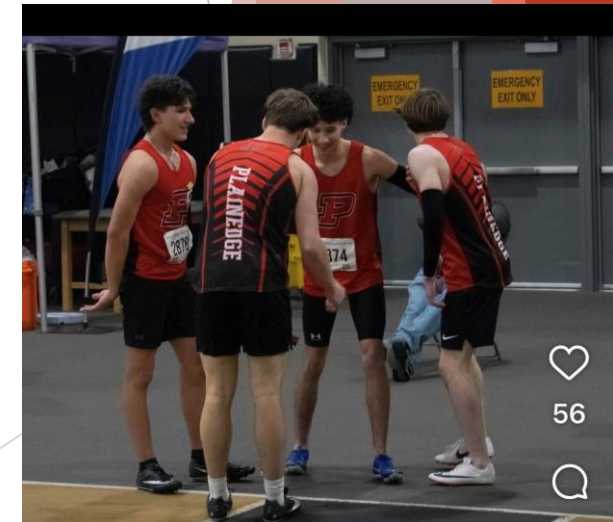
# Health, Physical Education and Athletics Budget

## Historical Perspective

**2025-2026: \$513,751**

**2026-2027: \$567,740**

**Year-to-year change: + \$53,989**



Numbers above do not include \$2,932,567 of Health, PE and Interscholastic salaries budgeted in 2025-2026

Numbers above do not include \$2,923,339 of Health, PE and Interscholastic salaries budgeted in 2026-2027

# Budget Drivers

- ▶ BOCES Services (Middle School & High School)
- ▶ Athletics Equipment (Middle School & High School)
- ▶ Physical Education / Adapted Physical Education / Health Equipment (All Levels)
- ▶ Athletics / Physical Education / Adapted Physical Education / Health Supplies (All Levels)
- ▶ Replacement / Repair / Reconditioning / Purchase of Safety Equipment and Uniforms
- ▶ Athletic Trainer Cost



# Health, Physical Education & Athletics



Budget	2025-2026	2026-2027	Dollar Change
Equipment	\$80,455	\$85,020	+\$4,565
Materials & Supplies	79,899	92,250	+12,351
Contractual	94,899	110,000	+15,101
Uniforms	63,625	61,870	-1,755
Reconditioning & Laundry	28,860	34,000	+5,140
BOCES	156,727	174,100	+17,373
Conferences & Memberships	9,286	10,500	+1,214
Total	\$513,751	\$567,740	+\$53,989

# Program Outcomes

## Health

Students obtain an increased knowledge of overall physical and mental health, while creating positive attitudes toward healthy behavior and wellness

## Physical Education

Students develop essential skills and knowledge to live an active and healthy lifestyle

## Interscholastic Athletics/Clubs

Students establish an understanding of teamwork, responsibility, commitment, time management, perseverance and personal and emotional health



# What's Happening in Athletics This Year?



## SIGNING DAY

2025-2026

PLAINEDGE RED DEVILS ATHLETICS

DOMINICK SANTIVASCI - BASEBALL - SUNY ONEONTA  
BOBBY WESCOTT - BASEBALL - STONY BROOK UNIVERSITY  
TAYLOR NITSCH - BASEBALL - TOWSON UNIVERSITY  
DEVIN DOWNES - WRESTLING - UNIVERSITY OF MARYLAND

## PLAINEDGE HIGH SCHOOL

### FALL 2025

**NYSPHSAA**  
SCHOLAR-ATHLETE  
TEAMS

- Boys Cross Country
- Girls Cross Country
- Football
- Game Day Cheerleading
- Boys Golf
- Girls Tennis
- Boys Soccer
- Girls Soccer
- Boys Volleyball
- Girls Volleyball



## FOOTBALL GAME

6:30 AGAINST WEST HEMPSTEAD

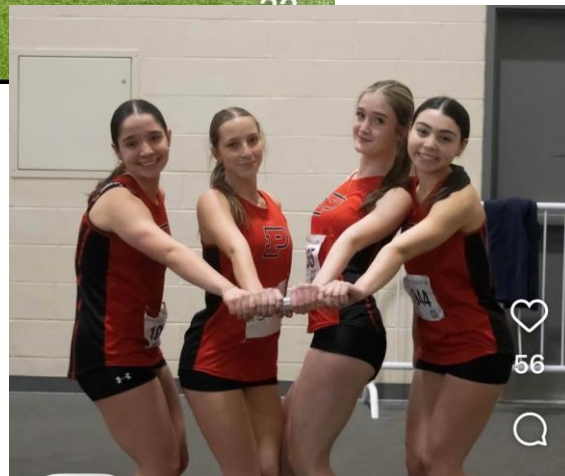
### BREAST CANCER AWARENESS

# PINK OUT

TEACHER APPRECIATION

# Districtwide Interscholastic Athletics

*How many opportunities do our students have to participate in athletics?*



# Participation in Athletics

## APPROXIMATE ROSTER NUMBERS - MIDDLE SCHOOL

### FALL

Football - 7 & 8 Combined Team	52
Boys Soccer - 7 <sup>th</sup> Team / 8 <sup>th</sup> Team	57
Girls Soccer - 7 <sup>th</sup> Team / 8 <sup>th</sup> Team	36
Cross Country - Boys / Girls Combined	20
Cheerleading - 7 & 8 Combined Team	27

### WINTER

Boys Basketball - 7 <sup>th</sup> / 8 <sup>th</sup> Team	28
Girls Basketball - 7 <sup>th</sup> / 8 <sup>th</sup> Team	31
Girls Volleyball - 7 <sup>th</sup> / 8 <sup>th</sup> Team	30
Boys Volleyball - 7 & 8 Combined	11
Wrestling - 7 & 8 Combined	37
Cheerleading - 7 & 8 Combined	21

### SPRING

Baseball - 7 <sup>th</sup> / 8 <sup>th</sup> Team	36
Softball - 7 & 8 Combined Team	18
Boys Lacrosse - 7 & 8 Combined	24
Girls Lacrosse - 7 & 8 Combined	21
Boys Track Gr. 7 & 8 Combined	30
Girls Track Gr. 7 & 8 Combined	45

## MIDDLE SCHOOL INTERSCHOLASTIC ATHLETICS AT PLAINEDGE

Approximately 525 roster positions  
for our students to participate in  
middle school sports annually

# Participation in Athletics

## APPROXIMATE ROSTER NUMBERS - HIGH SCHOOL

### FALL

Football - Varsity	49
Football - JV	46
Boys Soccer - Varsity	24
Boys Soccer - JV	17
Girls Soccer - Varsity	20
Girls Soccer - JV	21
Boys Golf - Varsity	25
Boys Cross Country - Varsity	6
Girls Cross Country - Varsity	10
Girls Tennis - Varsity	13
Boys Volleyball - Varsity	13
Boys Volleyball - JV	12
Girls Volleyball - Varsity	16
Girls Volleyball - JV	16
Cheerleading - Varsity	18
Cheerleading - JV	10
Kickline	23
Challenger Soccer	23

### WINTER

Boys Basketball - Varsity	13
Boys Basketball - JV	15
Girls Basketball - Varsity	12
Girls Basketball - JV	12
Boys Bowling - Varsity	12
Girls Bowling - Varsity	10
Boys Winter Track - Varsity	38
Girls Winter Track - Varsity	32
Wrestling - Varsity	21
Wrestling - JV	19
Cheerleading - Varsity	18
Cheerleading - JV	10
Challenger Basketball	21

### SPRING

Baseball - Varsity	20
Baseball - JV	20
Softball - Varsity	14
Softball - JV	14
Boys Lacrosse - Varsity	25
Boys Lacrosse - JV	20
Girls Lacrosse - Varsity	16
Girls Lacrosse - JV	14
Girls Flag Football - Varsity	30
Girls Flag Football - JV	20
Boys Track Boys - Varsity	40
Girls Track - Varsity	30
Boys Tennis - Varsity	16
Girls Golf - Varsity	13

Approximately 900 roster positions for our students to participate in high school sports annually

# Proposed Additions

- ▶ Varsity Boys Volleyball Assistant Coach - \*Approx. \$6,000
- ▶ Varsity Girls Volleyball Assistant Coach - \*Approx. \$6,000
- ▶ Second Middle School Football Team
  - More Opportunities for Students to Participate
  - 1 Head Coach - \$6,904
- ▶ Middle School Girls Flag Football Team
  - New Opportunities for Students to Participate
  - 1 Head Coach - \*Approx. \$6,000

\*These are approximate amounts. The exact amounts need to be negotiated with the PFT.

# Fitness Center Budget

Budget	2025-2026	2026-2027	Dollar Change
Contractual	\$0	\$6,000	+\$6,000
Software	0	10,000	+10,000
Non-Instructional Salaries (student workers)	0	42,865	+42,865
Custodial Salaries	0	54,788	+54,788
Instructional Salaries	200,000	42,444	-157,556
Contract & Other (Outside Salaries) (Maintenance)	0	22,290	+22,290
Materials & Supplies	0	3,500	+3,500
Total	*\$200,000	\$181,887	-\$18,113

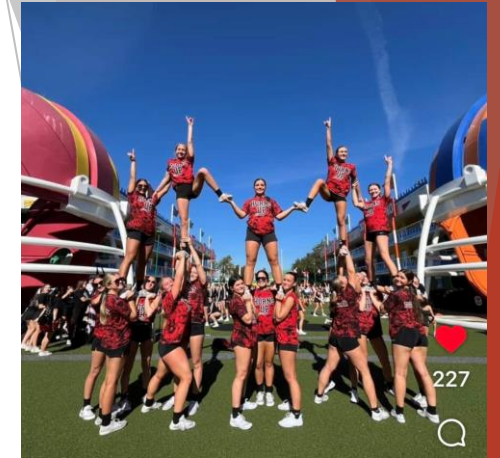


\*2025-2026 expenses were not allocated

# Points of Pride: Athletics

## Plainedge Athletic Teams Have Been:

- Invited to National Competitions
- Ranked in the Top Ten in Nassau County
- Compete for Conference Championships
- Compete for County Championships
- Compete for State Championships
- Sportsmanship Award Winners
- County Finalists/Qualifiers and Tournament Winners
- Record Setting Teams
- Hall of Fame coach



## Plainedge Athletes Have Been:

- Scholar Athlete Teams
- All-American Nominees
- All-State and State Qualifiers
- All-County, All-Conference, All-Division
- Record Setting Individuals
- Scholarship Winners
- College Committed
- Increasing Community Service



**2026 NEW YORK STATE FINALS  
215LBS D1 STATE CHAMPION**



**DEVIN DOWNES  
PLAINEDGE**

GETS A PIN IN THE FINALS TO SECURE HIS THIRD TITLE

**Thank You!**



**STATE QUALIFIER**

**VICTORIA PERILLO**

4th Place Individual County Tournament